# top deals.

**MAY 31 - JUN 20, 2023** 

cookout fixings

#### **EXTRA YUMMY**

With all the summer gatherings and outdoor meals coming up, head to the co-op for great deals on your favorite items — like Applegate hot dogs. Find your family's favorite toppings to make your hot dogs extra delicious.





4.99
Applegate
Hotdogs
10 oz., selected varieties



2/\$6
Organic ville
Organic Dressing
or Vinaigrette
8 fl. oz., selected
varieties



4.79
Lifeway
Organic Kefir
32 fl. oz., selected
varieties



2/\$10
So Delicious
Dairy-free Frozen
Novelties
1 pt., selected varieties



special offers inside!







**Buy One, Get One** 

FREE

Annie's Organic Ketchup <sup>24 oz.</sup>



**Buy One, Get One** 

**FREE** 

Just Ice Tea

Tea

16 fl. oz., selected varieties



Buy One, Get One

FREE

Beyond Meat Beyond Burger Patties 8 oz.

Summer is better with BOGO deals at the co-op!

creamy organic bliss (

Cosmic Bliss is the creamiest ice cream in the universe, from the best ingredients on Earth!



## **Buy One, Get One** FREE

Cosmic Bliss Organic Frozen Dessert 14 fl. oz., selected varieties



Buy One, Get One

C20

Coconut Water

17.5 fl. oz., selected varieties



**Buy One, Get One** 

Riojana Organic Fair Trade Extra Virgin Olive Oil 25.5 fl. oz, selected varieties

up your snack game Real Food From The Ground



**Buy One, Get One** 

Up Cauliflower Cheddar Crackers — up your snack game with cheesy goodness! Certified vegan, gluten free, non-GMO. How's that for a crave-worthy snack with a plant-based twist?

From The Ground Up Cauliflower Snacks

3.5-4.5 oz., selected varieties

Shop the co-op for buy one, get one free!







## discover delicious yogurt

3.79
Brown Cow
Cream Top Yogurt

32 oz., selected varieties

3.99 Stonyfield Organic Yogurt 32 oz., selected varieties

4.99 Siggi's

Siggi's Skyr Yogurt 24 oz., selected varieties Whether you desire Greek, Icelandic skyr, cream top or simply organic, our delicious yogurts are never made with artificial flavors, sweeteners or preservatives.



Find berries, nuts and granola at the co-op.

## Easy and delicious.



3.99

Daiya Slices & Blocks 6.5-7.8 oz., selected varieties



4.99 Organic Valley

Cheese Slices 6-8 oz., selected varieties





The co-op helps you eat well all day.



2/\$5
Kevita

Organic Probiotic Drink
15.2 fl. oz., selected varieties



3.79

Rebbl

Organic Protein Beverage

12 fl. oz., selected varieties



2/\$8
Evolution Fresh
Organic Juices

15.2 fl. oz., selected varieties





1.89
Icelandic
Provisions
Yogurt
4.4-5.3 oz., selected
varieties



5.99
Miyoko's
Creamery
Organic
Cashewmilk
Mozzarella
8 oz., selected varieties

## fermented food for everyone

#### INCLUSIVE TRADE PARTNER

**GT's Living Foods** is a family- and LGBTQIA+-owned business. Since our humble beginnings in 1995, GT Dave has created living foods with organic plants, raw fermentations, naturally occurring probiotics, peace, love and pride.





2/\$6

Organic Kombucha 16 fl. oz., selected varieties





2/\$6

Ancient Mushroom Elixir
16 fl. oz., selected varieties

5.49 GT's Organic Cocoyo

8 oz., selected varieties

Try new flavors at the co-op.





game changing,
plant-based foods

3.79
Kite Hill
Dairy-free Dips

Note Hill

Dairy-free Dips
or Sour Cream
8 oz., selected
varieties

4.49

Kite Hill Almondmilk Yogurt 16 oz., selected varieties 5.99

Kite Hill Dairy-free Cream Cheese 8 oz., selected varieties 6.49

Kite Hill Non-dairy Pasta 9 oz., selected varieties Stock up on your essentials with **Kite Hill**. From our versatile ricotta and sour cream to our delicious cream cheese, pastas, dips and yogurt — we are sure to have all your dairy-free needs covered to please everyone at your table.



Find delicious ingredients at the co-op.

### Enhance your snacks and meals.

## plant-based bacon deliciousness



Our mission is to nourish lives by making smart food choices that support a healthy body, cultivate a curious mind and food palate, and honor and sustain the land.

Sweet Earth
Seitan Bacon, Slices or Strips

5.5-8 oz., selected varieties



2/\$5
Petit Pot
Organic Pudding
3.5 oz., selected varieties



5.49
Applegate
Bacon
8 oz., selected varieties

The co-op has meals for all lifestyles.





2.29
Stahlbush Island
Farms
Frozen Vegetables
10 oz., selected varieties



2/\$7
Nature's Path
Organic
Waffles
7.4 oz., selected varieties

2/\$6
Sweet Earth
Burritos
5.5 oz., selected varieties



2/\$8
Annie's
Pizza Poppers
6.8 oz., selected varieties



2/\$8
Cascadian Farm
Organic
Frozen Potatoes
12-16 oz., selected
varieties



2/\$10
Bubbies Ice Cream
Mochi Ice Cream
7.5 oz., selected varieties



datya
defizeatily daty where
GUEST SEASON TO SEASON THE PIZZA
CUTSON SASSON TO SEASON TO SEASON

Daiya
Pizza
13.47-19.4 oz., selected varieties



Our World's Best Burger is organically certified and our best-selling burger. With lush greens, sweet potatoes and whole grain millet, this delight truly lives up to its name! Now offered in 4-pack quantities! The rest of our burgers on sale are just as delicious!

3.99

Hilary's Veggie Burgers

10-11 oz., selected varieties



Canyon Bakehouse Gluten-free Bread, Bagels or Rolls 10.8-18 oz., selected varieties

Shop the co-op for a tasty start to summer.

VALID SALES DATES: MAY 31 - JUN 20, 2023 grocery.coop VALID SALES DATES: MAY 31 - JUN 20, 2023



Shop the co-op for poolside essentials.



9.99

Badger Mineral Sunscreen 2.9 fl. oz., selected varieties



3.49

Reed's Ginger Ale 4 pk.-12 fl. oz. cans, selected varieties



2/\$8

JonnyPops
Frozen Fruit or
Cream Bars
8,25 fl. oz., selected varieties



2/\$9
Oatly
Frozen Dessert
1 pt., selected varieties



2/\$7
Annie's Homegrown
Organic Bunny
Grahams or Crackers
7-7.5 oz., selected varieties



2/\$6
Good Health
Avocado Oil
Potato Chips
5 oz., selected varieties

Great items are on sale at the co-op!



**Bragg** is here to help you live more vibrantly. With clean, ingredient-led products backed by a century of time-tested wisdom, Bragg remains passionately focused on helping everyone eat better, feel better and enjoy a more healthful, vibrant life.



2/\$6
Bragg

Apple Cider Vinegar Refresher

16 fl. oz., selected varieties



5.99

Bragg Organic Apple Cider Vinegar 32 fl. oz., selected varieties



4.49

Bragg Liquid Aminos 16 fl. oz.



11.99

Organic Extra
Virgin Olive Oil
16 fl. oz.



Make a refreshing summer salad.

## Gather your ingredients.



## Sir Kensington pioneer mayonnaise

After years of dipping, tasting and experimenting, the first-of-its-kind mayo lineup made with the finest organic-certified, humane, free-range eggs, 100% non-GMO oils and an array of flavor-rich spices was born.

5.99

Sir Kensington's Mayonnaise

12 fl. oz., selected varieties



9.99

Once Again Almond Butter

16 oz., selected varieties

Delicious ingredients are at the co-op.



Woodstock

Organic Mustard

8 oz., selected varieties











2/\$6 Organic Ketchup 20 oz.

Woodstock Organic Mayonnaise 16 fl. oz.

Organic Pickles or Relish 16-24 oz., selected varieties

Grilling season is upon us! What better way to enjoy your favorite summer meals than with Woodstock's condiment lineup of organic mayo, ketchup, Dijon mustard and crunchy baby dill pickles.



Annie's Mac & Cheese 5.25-6 oz., selected varieties



5.49 Jeff's Garden Olives 7-7.5 oz., selected varieties



## family founded and owned

Jovial creates allergen-friendly, ancient varietal and artisan crafted foods that are manufactured in Italy and grown by small-scale farmers. Jovial's core values include being 100% organic, non-GMO and glyphosate residue free certified, with all ingredients being responsibly sourced.





2.69

Jovial **Organic Beans** 13 oz., selected



3.79

Jovial **Organic Tomatoes** 18.3 oz., selected



3.29

Jovial Organic Cassava Pasta 8 oz., selected varieties



3.79

Jovial Organic Brown Rice Pasta 12 oz., selected varieties

Shop organic and gluten free at the co-op.



2/\$6
Choice Organics
Tea
16 ct., selected varieties





2/\$7 R.W. Knudsen Juice 32 fl. oz., selected varieties



2/\$8
Cascadian
Farm Organic
Cereal, Granola or
Granola Bars
7.4-14.6 oz., selected
varieties



Food For Life
Original or Golden
Flax Cereal
16 oz., selected varieties



2/\$4 Rxbar Protein Bars

1.83-1.9 oz., selected varieties







2/\$8
Mom's Best
Cereals
17.5-24 oz., selected varieties



6.99

Lakewood
Organic Pineapple
Juice
32 fl. oz., selected varieties

scoop up the savings in bulk!



2.99
Organic
Pinto Beans

per pound in bulk



4.99

Organic
Date Coconut
Rolls
per pound in bulk



13.99

Organic Brazil Nuts per pound in bulk

Check out the variety of products at the co-op.





2/\$6
Stacy's
Pita or Bagel
Chips
7-7.33 oz., selected varieties



4.99
Tate's Bake Shop
Cookies
7 oz., selected varieties



2/\$4 Alo Aloe Vera Juice Drink 16.9 fl. oz., selected varieties



Summer nights deserve great snacks.

## Make memories together.



2/\$6
Equal Exchange
Organic
Chocolate Bars
2.8 oz., selected varieties





3.29
Hippeas
Chickpea Puffs
4 oz., selected varieties



2.79
Goldthread
Plant-based
Tonics
12 fl. oz., selected varieties



4.99 Lacroix Sparkling Water 12 pk.-12 fl. oz., selected varieties

The co-op has snacks and drinks to share.



9.99 Woodstock

Lump Hardwood Charcoal



7.49
Biokleen
Bac-Out Stain &
Odor Remover
32 fl. oz.



Green Forest 100% Recycled Paper Bath Tissue 12 ct.



3.49
Repurpose
Compostable
Plates or Bowls
20 ct., selected varieties



18.79
Megafood
Turmeric
Curcumin Extra
Strength
60 ct.



8.8 lb.

18.99 Enzymedica Digest Gold 45 ct.



39.99
Ancient Nutrition
Multi Collagen
Protein Powder
16.65-18.1 oz., selected
varieties



49.99
Nordic Naturals
Ultimate Omega



#### SO MANY CHOICES

You probably have your favorite food selections to grill at this time of year, but did you know grocery.coop has many grilling tips and recipes? This year, it might be time to try grilling some different veggies, shellfish, steak, tofu or ribs. Enjoy the aromatic and delicious flavors for a delicious summer of feasting.



Find great grilling recipes at grocery.coop.



3.29

Dr. Bronner's
Pure Castile Bar Soap
5 oz., selected varieties

## The Original Eco Chic® Beauty

#### INCLUSIVE TRADE PARTNER

We are a proud veteran-owned brand, and since 1979, the Giovanni Rule of Balance has been our commitment to make each product as pure as possible, without sacrificing exceptional product performance. Enjoy incredible savings on top-selling products like Tea Tree Triple Treat Shampoo & Conditioner!

2/\$ | |

Shampoo or Conditioner

6.8-8.5 fl. oz., selected varieties





Feel fresh and clean all summer.

## Gentle products for everyone.



5.99
Tom's of Maine
Toothpaste
4-5.5 oz., selected
varieties



5.49
Every Man Jack
Deodorant
2.7-3 oz., selected
varieties



14.99
Wild Carrot
Herbals
Borage Butter
Face Cream



The co-op helps you feel your best.

2 oz.

#### Shop for fresh, delicious, local food at a co-op near you.

#### ALASKA

Co-op Market Grocery & Deli

#### ARIZONA

Food Conspiracy Co-op

#### CALIFORNIA

BriarPatch Food Co-op

Chico Natural Foods Cooperative

Co-opportunity Market

Davis Food Co-op

Feather River Food Co-op

Isla Vista Food Co-op

North Coast Co-op

Ocean Beach People's Organic Food Co-op

Sacramento Natural Foods Co-op

SLO Food Co-op

Ukiah Natural Foods Co-op

#### IDAHO

Boise Co-op

Moscow Food Co-op

#### MONTANA

Community Food Co-op

#### **OREGON**

Alberta Cooperative Grocery

Ashland Food Co-op

Astoria Co+op

First Alternative Co-op

Food Front Cooperative Grocery

Medford Food Co-op

People's Food Co-op

#### WASHINGTON

Central Co-op

Community Food Co-op

Main Market Co-op

Olympia Food Co-op

Orcas Food Co-op

Skagit Valley Food Co-op

Sno-Isle Natural Foods Co-op

The Food Co-op

to find a food co-op near you, visit us online at: grocery.coop





Organic Valley Half & Half is rich, creamy and delicious. Just what you'd expect from organic, pasture-raised cows.

4.79

Organic Valley
Half & Half
32 fl. oz.







8.99
Equal Exchange
Organic Coffee
10-12 oz., selected
varieties





Co-ops are committed to fostering inclusive communities, promoting brands that are women-, BIPOC-, LGBTQ- and veteran-owned.

