

coop deals

DEC 20, 2023 - JAN 2, 2024

melted gold →

Winter days are cozier with delicious baked goods, and Kerrygold Pure Irish Butter is perfect for baking your favorite festive treats. Made from grass-fed cow's milk, the creamy texture is a favorite for everyone, so be sure to find it at the co-op on sale now.



3.99

**Kerrygold
Pure Irish Butter**
8 oz., selected varieties



2/\$7

**Q Mixers
Drink Mixers**
4 pk-7.5 fl. oz. cans,
selected varieties



Cooperatively Owned

11.99

**Equal Exchange
Organic Coffee**
per pound in bulk,
selected varieties

INCLUSIVE TRADE PARTNER

Siete Family Foods is a Hispanic-owned and mission-based company passionate about making and sharing real food.



2/\$6

**Siete
Grain-free Cookies**
4.5 oz., selected varieties



6.99

**Thousand Hills
100% Grass-fed
Ground Beef 80%
Lean 20% Fat**
16 oz.



9.49

**American
Flatbread
Pizza**
13.8-18.62 oz., selected
varieties



The co-op has ingredients for all of your gatherings.
Make holiday baking fun!



2/\$6

Cascadian Farm Organic Frozen Vegetables
10 oz., selected varieties



delicious sour cream

COOPERATIVELY OWNED

Made with organic milk from cows pasture raised on our small, organic family farms, our fresh and creamy sour cream has a tangy flavor to liven up your next dish.

3.79

Organic Valley Sour Cream
16 oz., selected varieties



2/\$5

Health-Ade Organic Kombucha
16 fl. oz., selected varieties



4.79

Mt Vikos Organic Feta Cheese
6 oz.



7.49

Bubbies Kosher Dill Pickles
33 fl. oz., selected varieties



deliciously gluten free

Canyon Bakehouse® breads are deliciously made with 100% whole grains and free from gluten, dairy, nuts and soy.

5.99

Canyon Bakehouse Gluten-free Bread
18 oz., selected varieties



4.79

Earth Balance Buttery Spread or Sticks
13-16 oz., selected varieties

Find fixings for every meal at the co-op.



4.29

The Greek Gods
Greek Yogurt
24 oz., selected varieties

luscious and lactose free

Real dairy sour cream, with all the richness and versatility but none of the lactose! Perfect for your favorite holiday recipes, from creamy dips and sauces to mouth-watering desserts.

3.49

Green Valley
Organic Lactose-free Sour Cream
12 oz.



5.49

Immaculate
Organic Cinnamon Rolls
17.5 oz.



4.49

Rumiano
Organic Block Cheese
8 oz., selected varieties

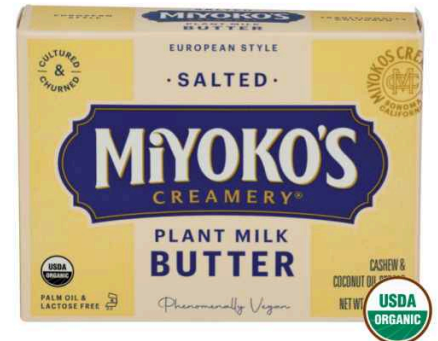


honest, ethical food

We're committed to improving the lives of people, animals and the planet through food — working with small family farms to bring you delicious eggs and butter you can trust.

3.49

Vital Farms
Butter
8 oz., selected varieties



4.79

Miyoko's Creamery
Organic Plant Milk Butter
8 oz., selected varieties

The co-op has dairy and dairy-free options.



2/\$8
Mom's Best Cereals
 17.5-24 oz., selected varieties

where wisdom meets wellness

Whether it's a cup for conversation, finding your Zen, or settling digestive discomfort, Traditional Medicinals has a tea for that.

4.49

Traditional Medicinals Organic Herbal Tea
 16 ct., selected varieties



4.49
R.W. Knudsen Organic Cranberry Pomegranate Juice
 32 fl. oz.



5.49
Numi Organic Tea
 12-18 ct., selected varieties



5.99
Enjoy Life Baking Chocolate
 9-10 oz., selected varieties

flavorful, responsibly sourced seasonings



COOPERATIVELY OWNED

Add a dash of holiday cheer to your favorite dish with your purchase of Fair-Trade Ceylon Cinnamon that empowers farming communities at the source.

5.49

Frontier Co-op Organic Ground Ceylon Cinnamon
 1.76 oz.



6.99

King Arthur Baking Company Flour
 5 lbs., selected varieties

Stay cozy all winter when you shop the co-op.



3.99

Pacific Foods Organic Broth
32 fl. oz., selected varieties



taste the magic

Dr. Bronner's Magic All-One Chocolate: pairing world-class Swiss chocolatiers with fairly treated cocoa farmers practicing regenerative organic agriculture. All vegan, 70% cocoa, sweetened with coconut sugar and perfectly balanced!

3.79

Dr. Bronner's Organic Chocolate Bars
2.93-3 oz., selected varieties



2/\$7

Health Valley Organic Soup
14.5-15 oz., selected varieties



4.49

Explore Cuisine Organic Pasta
8 oz., selected varieties

sun kissed in the Mediterranean



Mediterranean Organic Olives are organically grown and tree ripened in rich mineral soil on family farms in Greece. This ancient fruit has a variety of flavors that are perfect for a delicious light snack or to complement your favorite dish.

3.99

Mediterranean Organic Olives
8.1-8.5 oz., selected varieties



10.99

Spectrum Organic Extra Virgin Olive Oil
25.4 fl. oz.

Find the brands you love at the co-op.



4.79

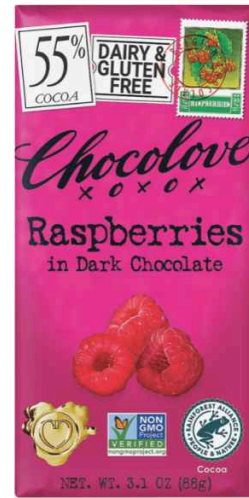
**Garden of Eatin'
Tortilla Chips**
16 oz., selected varieties

dark chocolate joy and delight

Chocolove is the epitome of premium chocolate craftsmanship. Ethically sourced and made with the finest ingredients, each bite delivers a rich, velvety experience perfect for holiday indulgence. Share the love.

2/\$5

**Chocolove
Chocolate Bars**
2.9-3.2 oz., selected varieties



2/\$6

**R.W. Knudsen
Organic Sparkling
Apple Juice**
25.4 fl. oz.



2/\$6

**Divine Chocolate
Chocolate Bars**
3 oz., selected varieties



4.49

**Carr's
Crackers**
4.25-7.1 oz., selected varieties

crunchy and gluten free



A combination of organic whole brown rice, quinoa, flax seeds and sesame seeds are the base of Mary's Gone Crackers wildly delicious snacks.

2/\$7

**Mary's Gone Crackers
Organic Crackers**
5-6.5 oz., selected varieties



5.99

**San Pellegrino
Italian Sparkling Drink**
6 pk.-11.15 fl. oz. cans, selected varieties

The co-op has great options for holiday parties.

Some items may not be available at all stores or on the same days



7.49
Avalon Organics
Shampoo or Conditioner
 11 fl. oz., selected varieties



2.49
Preserve
Adult Toothbrush
 each, selected varieties



2/\$5
Booda Organics
Original Lip Balm
 .15 oz.



6.99
Shikai
Shampoo or
Conditioner
 12 fl. oz., selected varieties



2/\$7
One With Nature
Dead Sea Mineral
Bar Soap
 7 oz., selected varieties



3.49
Ecover
Liquid Dish Soap
 25 fl. oz., selected varieties



everyday low price
8.99
Field Day
100% Recycled
Bath Tissue
 12 ct.



9.49
Now
Lavender Oil
 1 fl. oz.



15.49
Derma E
Vitamin C
Concentrated
Serum
 2 fl. oz.



17.99
Natural Factors
Stress Relax
Tranquil Sleep
 60 ct.



9.99
Dr. Bronner's
Sal Suds
 32 fl. oz.



29.99
Solaray
Microbiome
Women's Probiotic
 30 ct.



39.99
Ancient Nutrition
Bone Broth
Protein Powder
 15.7-17.9 oz., selected varieties

Jump into the new year feeling your best.

Shop for fresh, delicious, local food at a co-op near you.

ALASKA

Co-op Market Grocery & Deli

ARIZONA

Food Conspiracy Co-op

CALIFORNIA

BriarPatch Food Co-op
 Chico Natural Foods Cooperative
 Co-opportunity Market
 Davis Food Co-op
 Feather River Food Co-op
 Isla Vista Food Co-op
 North Coast Co-op
 Ocean Beach People's Organic Food Co-op
 Placerville Food Co-op
 Sacramento Natural Foods Co-op
 SLO Food Co-op
 Ukiah Natural Foods Co-op

IDAHO

Boise Co-op
 Moscow Food Co-op

MONTANA

Community Food Co-op

OREGON

Alberta Cooperative Grocery
 Ashland Food Co-op
 Astoria Co+op
 First Alternative Co-op
 Medford Food Co-op
 People's Food Co-op

WASHINGTON

Central Co-op
 Community Food Co-op
 Main Market Co-op
 Olympia Food Co-op
 Orcas Food Co-op
 Skagit Valley Food Co-op
 Sno-Isle Natural Foods Co-op
 The Food Co-op



to find a food co-op near you, visit us online at: grocery.coop



America's favorite organic ice cream

Alden's is committed to making products irresistible for all, offering a wide variety of dairy and dairy-free frozen desserts.

8.99

Alden's Organic Ice Cream
 48 fl. oz., selected varieties



3.79

Quinn Peanut Butter Filled Pretzel Nuggets
 5-7 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.

