

coop deals

FEB 14 - FEB 27, 2024

a classic favorite

MAKE IT YOUR OWN

It's easy to feel nostalgic with OLIPOP's classic root beer. Try pairing with ice cream and enjoy a yummy float. OLIPOP beverages are packed with plant fiber, prebiotics and botanicals, so you can enjoy the delicious flavors you love while supporting digestive health. Find them on sale at the co-op!



1.79

Olipop
Prebiotic Soda
12 fl. oz., selected varieties



2/\$5

Tasty Bite
Indian Entrees
10 oz., selected varieties



2/\$6

Cascadian Farm
Organic Frozen
Vegetables
10 oz., selected varieties



4.99

Tate's Bake Shop
Cookies
7 oz., selected varieties



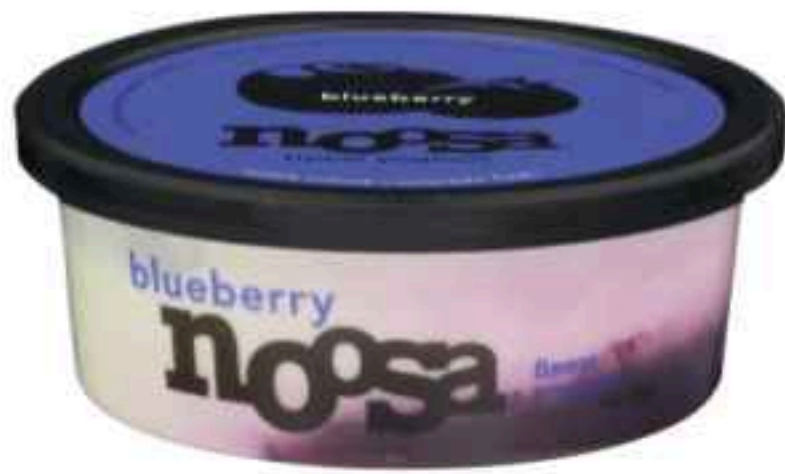
Try something new at the co-op.

Find brands you know and love.



4/\$7

So Delicious Coconutmilk Yogurt
5.3 oz., selected varieties



2.29

Noosa Yoghurt
8 oz., selected varieties

crafted with less

All of our skyr and plant-based, dairy-free products are made with simple ingredients and no artificial anything. Deliciously satisfying, Siggi's makes the perfect breakfast or snack option.

1.89

Siggi's Plant-based Yogurt
5.3 oz., selected varieties



3.79

Rebbl Organic Protein Beverage
12 fl. oz., selected varieties



4.79

Good Culture Organic Cottage Cheese
15-16 oz., selected varieties

COOPERATIVELY OWNED



5.79

Organic Valley Stringles Mozzarella Cheese Sticks
8 oz.



2/\$7

Vital Farms Butter
8 oz., selected varieties



5.99

Vital Farms Pasture-raised Large Grade A Eggs
1 doz.



7.99

Vital Farms Pasture-raised Large Grade A Eggs
18 ct.

honest, ethical food

We're committed to improving the lives of people, animals and the planet through food — working with small family farms to bring you delicious eggs and butter you can trust.

Start each morning with food from the co-op.



2/\$5

Petit Pot
Organic French Dessert
 3.5 oz., selected varieties



3.79

The Greek Gods
Greek Yogurt
 24 oz., selected varieties



4.29

Harmless Harvest
Organic Coconut Water
 16 fl. oz., selected varieties



2/\$7

Goodbelly
Organic Probiotic
Drinks
 32 fl. oz., selected varieties



4.79

So Delicious
Organic
Coconutmilk
Creamer
 32 fl. oz., selected varieties



6.49

Wallaby Organic
Greek Yogurt
 32 oz., selected varieties

melts like dairy

New and improved Daiya dairy-free cheeses, now made with Daiya Oat Cream™ blend for an incredible dairy-like melt. The familiar comforts from cheese you love, but made from plants.

3.99

Daiya
Cutting Board Shreds
 7.1 oz., selected varieties



INCLUSIVE TRADE PARTNER

Nuts for Cheese is a LGBTQIA+ and woman-owned company. We are inspired to create 100% dairy-free cheese and believe in the ability to spread positive, sustainable change through food.



6.49

Nuts for Cheese
Organic & Dairy-free
Fermented Cashew Product
 4.2 oz., selected varieties

Dairy and dairy-free options are at the co-op.



4.49

Ripple
Plant-based Milk
48 fl. oz., selected varieties



rich, creamy and udderly delicious

Our Brown Cow Yogurt is Non-GMO Project Verified, with live and active cultures. Make today delicious with the original cream top yogurt.

3.69

Brown Cow
Cream Top Yogurt
32 oz., selected varieties



2/\$7

Planet Oat
Oatmilk
52 fl. oz., selected varieties



4.99

Udi's Gluten Free
Bread or Bagels
12-14.3 oz., selected varieties



5.49

Hodo
Vegan All-day Egg Scramble
8 oz.

pasture raised and grazed!

Organic, grass-fed cheese from small family farms in coastal Northern California. American Humane Certified means our cows are pasture raised and grazed!



4.49

Rumiano
Organic Block Cheese
8 oz., selected varieties



4.49

Chobani
Oatmilk
52 fl. oz., selected varieties

Find the brands you love at the co-op.

we love to cook for you



At **Amy's**, we source the best ingredients and take the time to perfect our recipes to make sure each bite tastes delicious.

2/\$8

Amy's Soup
12.4-14.7 oz., selected varieties

2/\$6

Amy's Burritos
5.5-6 oz., selected varieties

5.99

Amy's Frozen Meals
8.25-10.3 oz., selected varieties

8.99

Amy's Pizza
9.1-14 oz., selected varieties



4.99

Ben & Jerry's Ice Cream
1 pt., selected varieties



6.99

Daiya Pizza
13.47-19.4 oz., selected varieties



8.49

Chameleon Cold Brew Organic Coffee Concentrate
32 fl. oz., selected varieties



4.49

Quorn Meat Alternatives
7.8-12 oz., selected varieties



4.99

Alexia Frozen Potatoes
15-16 oz., selected varieties



12.99

Cascadian Farm Organic Frozen Fruit
28-32 oz., selected varieties

The co-op has something for everyone.



←
*nutrition from real,
 whole ingredients*

2/\$3

Kind
 Fruit &
 Nut Bars
 1.4 oz.,
 selected varieties

2/\$7

Kind
 Healthy Grains
 Drizzled Granola
 Bars
 5-1.16 oz. bars,
 selected varieties

4.99

Kind
 Healthy Grain
 Clusters
 11 oz.,
 selected varieties

5.49

Kind
 Breakfast Bars
 6-1.76 oz. bars,
 selected varieties

Snacking is made easy with **KIND**.
 Add granola to your morning routine
 or grab a bar for on the go. These
 gluten-free snacks are convenient for
 any occasion; made with ingredients
 you can see and pronounce.



3.49

R.W. Knudsen
 Juice
 32 fl. oz., selected
 varieties

2/\$4

Rxbar
 Protein Bars
 1.83-1.9 oz., selected varieties

2/\$6

Choice Organics
 Tea
 16 ct., selected varieties



2/\$8

Happy Family
 Organics
 Happy Baby Yogis
 1 oz., selected varieties



Everyday Low Price

4.69

Field Day
 Organic Cereal
 13-14 oz., selected
 varieties

COOPERATIVELY OWNED



9.99

Equal Exchange
 Organic Coffee
 10-12 oz., selected
 varieties

The co-op has great deals on brands you love.



2/\$6
Kettle Brand
Potato Chips
4.25-5 oz., selected
varieties



2.79
LesserEvil
Organic Popcorn
4.6-6.4 oz., selected varieties



3.79
Hu
Organic Chocolate Bar
2.1 oz., selected varieties



3.99
Frontera
Salsa
16 oz.,
selected varieties



3.99
Paqui
Tortilla Chips
7 oz., selected varieties



6.99
Lily's
Baking Chips
9 oz., selected varieties

*snacking
done right*

Garden of Eatin' uses organic yellow and blue corn, harvested by our sustainable farming partners, to craft our signature tortilla chips and taco shells. Our proprietary process provides an unforgettable flavor and satisfying crunch for deliciously strong chips and shells!



4.99
Garden of Eatin'
Tortilla Chips
16 oz., selected varieties



3.79
Garden of Eatin'
Taco Shells
5.5 oz., selected varieties



2.99
Garden of Eatin'
Organic Low-fat
Traditional Refried Beans
16 oz.

Find your favorite snacks at the co-op.



*new look,
same quality*

At **Bionaturae**, authentic Italian means more than food that comes from Italy. It's a preservation of heritage recipes. It's an attachment to traditions that span generations. It's organic ingredients that represent the heart and soul of an Italian kitchen.

2/\$5

Bionaturae Organic Pasta
16 oz., selected varieties

3.29

Bionaturae Organic Traditional Egg Pasta
8.8 oz., selected varieties

3.49

Bionaturae Organic Strained Tomatoes
24 oz.

2/\$8

Bionaturae Organic Fruit Nectar
25.4 fl. oz., selected varieties



2.29

The Ginger People Ginger Soother
12 fl. oz., selected varieties

2/\$7

Health Valley Organic Soup
14.5-15 oz., selected varieties

3.29

Natural Sea Albacore Tuna
5 oz., selected varieties

scoop up the savings in bulk!



1.79

Organic Quick Rolled Oats
per pound in bulk



2.59

Organic Black Beans
per pound in bulk



2.99

Organic Green Lentils
per pound in bulk

Delicious meals begin at the co-op.



5.99

**Sir Kensington's
Mayonnaise**
12 fl. oz., selected varieties



2.29

**San Pellegrino
Sparkling Mineral
Water**
25.3 fl. oz.



2.79

**So Delicious
Organic
Coconutmilk**
32 fl. oz., selected
varieties



2.79

**Sesmark
Rice Thins**
3.2-4.25 oz., selected
varieties



2/\$8

**Pacific Foods
Organic Broth**
32 fl. oz., selected
varieties



6.49

**Rao's Homemade
Pasta Sauce**
24 oz., selected varieties



7.99

**Lucini Italia
Organic Pasta
Sauce**
24 oz., selected varieties

oysters rule!

Smoked oyster pâté + pizza Napoli (with anchovies) = Super Bowl. Kipper Furikake Cauliflower Rice + Sardine Shakshuka = Lent. The world of your kitchen is your oyster. **Crown Prince Natural** = pantry staple and specialty canned seafood.



2.69

**Crown Prince
Low Salt Kipper
Snacks**
3.25 oz.



2.99

**Crown Prince
Smoked Oysters**
3 oz.,
selected varieties



2.99

**Crown Prince
Skinless & Boneless
Sardines in Olive Oil**
3.75 oz.



2.69

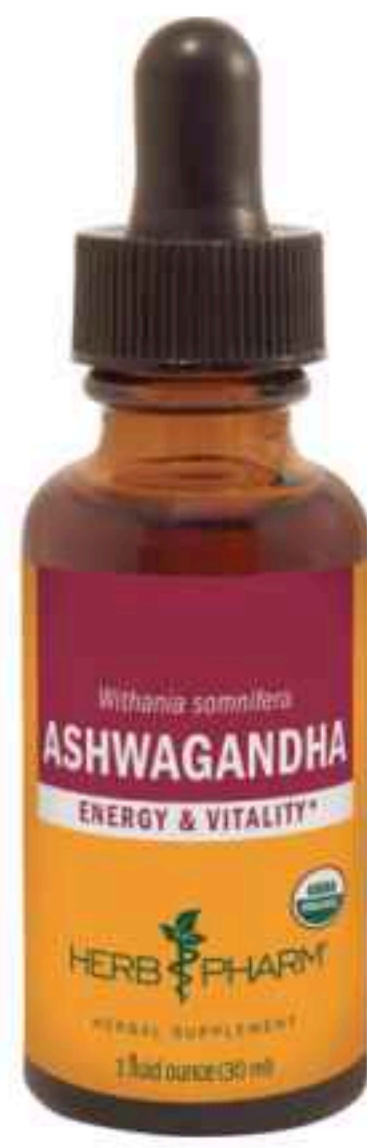
**Crown Prince
Skinless & Boneless
Sardines in Water**
4.37 oz.

The co-op makes weeknight meals easy.



9.49

Herb Pharm Soothing Throat Spray
1 fl. oz.



9.49

Herb Pharm Ashwagandha
1 fl. oz.



9.49

Herb Pharm Milk Thistle
1 fl. oz.



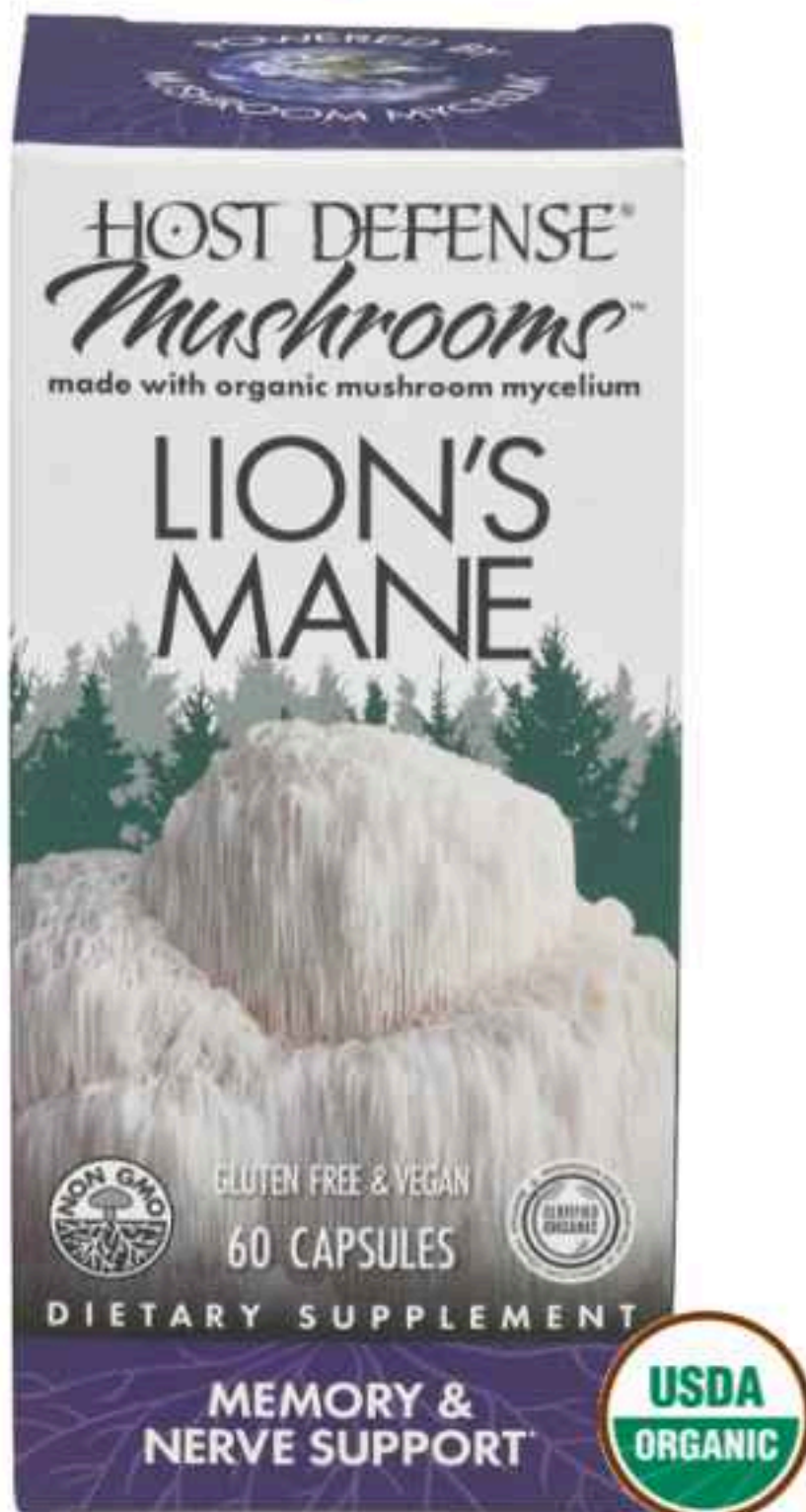
10.99

Herb Pharm Kava
1 fl. oz.

meet your herbal allies

At **Herb Pharm**, we take care of plants, so they take care of people. We're the world's first Regenerative Organic Certified® herb farm, and we help you take control of your wellness with a broad collection of herbal support.

that's one smart mushroom



Founded by Paul Stamets, Host Defense has been building the connection between mushrooms and health for over four decades. We are committed to sustainability, 110% Climate Positive and a Certified B Corporation.

25.99

Host Defense Organic Lion's Mane
60 ct.



9.99

Dr. Bronner's Sal Suds
32 fl. oz.



6.49

Spry Chewing Gum
100 ct., selected varieties



11.99

Natural Factors DGL Licorice Chews
90 ct.



12.99

Emergen-C Vitamin C Drink Mix
30 ct., selected varieties

Find the wellness items you love at the co-op.



*ethical,
safe, efficacious
products*

INCLUSIVE TRADE PARTNER

Alaffia is a Black-owned company on a mission to invest in a more equitable future. Our primary goal is to reinvest a portion of product sales into our Empowerment Projects in West Africa. Your purchase helps improve living conditions and supports an end to poverty.

9.49

Alaffia
Everyday Shampoo
or Conditioner
32 fl. oz.,
selected varieties

9.49

Alaffia
Everyday Body
Wash
32 fl. oz.,
selected varieties

9.49

Alaffia
Everyday
Bubble Bath
32 fl. oz.,
selected varieties

9.49

Alaffia
Everyday Shea
Body Lotion
32 fl. oz.,
selected varieties

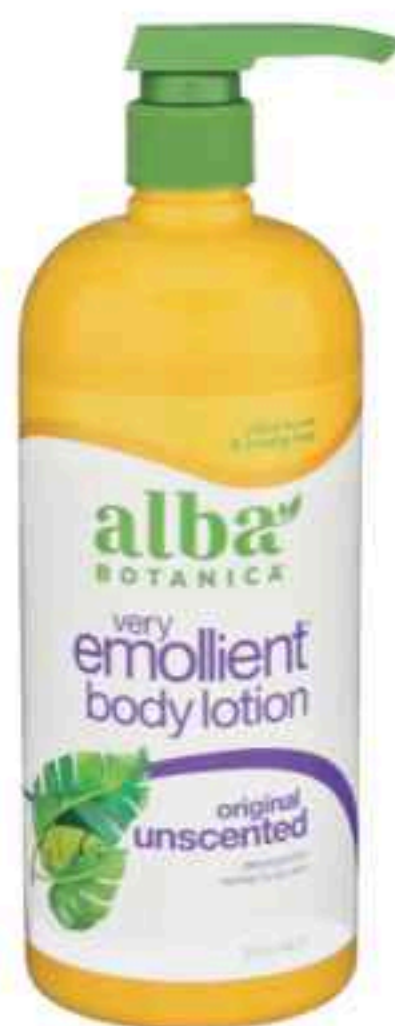


The co-op has body care products from brands that care.

Body wellness for the winter.

love your skin

Reveal your radiant, glowing skin with dermatologist-tested **Alba Botanica®** skincare that helps treat a variety of winter skin challenges.



11.99

Alba Botanica
Very Emollient
Body Lotion
32 fl. oz., selected
varieties



6.99

Alba Botanica
Acnedote Face &
Body Scrub
8 oz.
or Pimple Patches
40 ct.



5.49

Alba Botanica
Multi-purpose
Jelly
3.5 oz.



4.59

Alba Botanica
Shave Cream
8 oz., selected varieties

The co-op has great deals on body care products.

Shop for fresh, delicious, local food at a co-op near you.

ALASKA

Co-op Market Grocery & Deli

ARIZONA

Food Conspiracy Co-op

CALIFORNIA

- BriarPatch Food Co-op
- Chico Natural Foods Cooperative
- Co-opportunity Market
- Davis Food Co-op
- Feather River Food Co-op
- Isla Vista Food Co-op
- North Coast Co-op
- Ocean Beach People's Organic Food Co-op
- Placerville Food Co-op
- Sacramento Natural Foods Co-op
- SLO Food Co-op
- Ukiah Natural Foods Co-op

IDAHO

- Boise Co-op
- Moscow Food Co-op

MONTANA

Community Food Co-op

NEVADA

Great Basin Community Co-op

OREGON

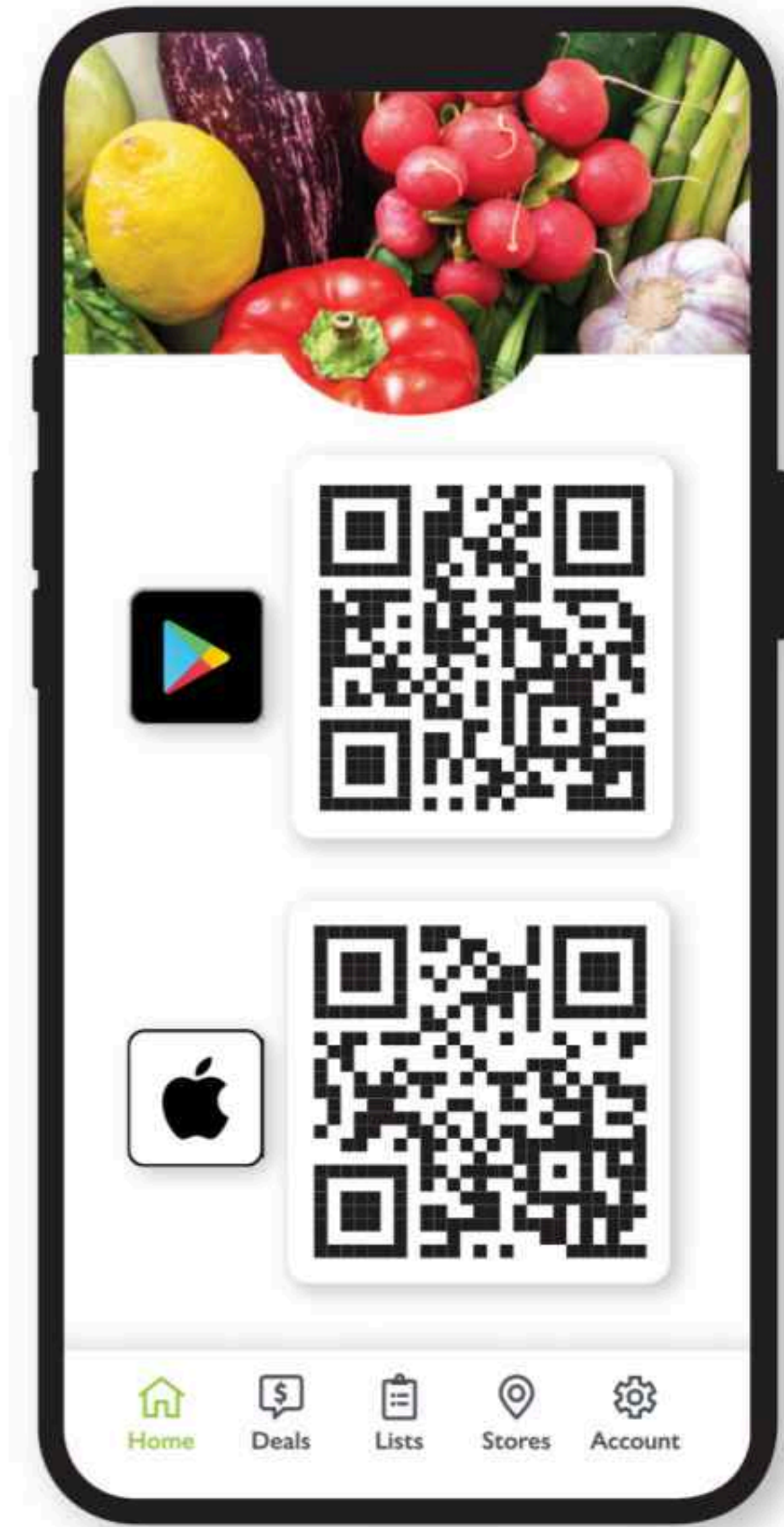
- Alberta Cooperative Grocery
- Ashland Food Co-op
- Astoria Co+op
- First Alternative Co-op
- Medford Food Co-op
- People's Food Co-op

WASHINGTON

- Central Co-op
- Community Food Co-op
- Main Market Co-op
- Olympia Food Co-op
- Orcas Food Co-op
- Skagit Valley Food Co-op
- Sno-Isle Food Co-op
- The Food Co-op

coop deals.

Download the App!



See what's on sale with the Co+op Deals app!

fuel your next adventure

EPIC brings bold flavor and premium sourcing standards to every strip, bar, pork rind, and broth. Whole30 Approved, keto friendly, gluten free, paleo- friendly and more. This is not your dad's meat snacks. It's EPIC.



2/\$3

Epic Snack Strips
.8 oz., selected varieties



2/\$5

Epic Bars
1.3-1.5 oz., selected varieties



2/\$6

Epic Pork Rinds
2.5 oz., selected varieties



4.99

Epic Bone Broth
14 fl. oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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