

coop deals

JAN 17 - JAN 30, 2024

relax and decompress

Wintertime's colder weather offers an opportunity to pause, stay indoors more and focus your mind. Heat up some water and enjoy Yogi Tea for a mindful moment.



2/\$7

**Yogi
Herbal Tea**
16 ct., selected varieties



5/\$5
**Brown Cow
Cream Top
Yogurt**
5.3 oz., selected
varieties



5/\$5
**Four Sigmatic
Organic
Mushroom
Elixir Mix**
1 ea., selected varieties



2/\$7
**Hope Foods
Organic Hummus**
8 oz., selected varieties



2/\$7
**C2O
Coconut Water**
33.8 fl. oz., selected
varieties



2/\$8
**Cascadian Farm
Organic Frozen
Fruit**
8-10 oz., selected
varieties



11.99
**California Olive
Ranch
Global Blend Extra
Virgin Olive Oil**
25.4 fl. oz.



The co-op has delicious warm beverages.
Stay cozy all winter.

INCLUSIVE TRADE PARTNER

MUSH is a woman-owned company. Inspired by cereal and oatmeal soaked in milk, we create delicious and nutritious food.



2/\$4 Mush Overnight Oats
5 oz., selected varieties



4.49
Miyoko's Creamery Organic Plant Milk Cream Cheese
8 oz., selected varieties



2.69
Vive Organic Wellness Shots
2 fl. oz., selected varieties



5.49
Just Plant-based Egg
16 oz.



5.99
Bizzy Organic Cold Brew Coffee
48 fl. oz., selected varieties

Never miss your **favorite deals**



coop deals.
Download the App!

The first 3,000 registered* users get a free gift and **\$10 towards groceries!**

Scan the QR codes to download the Co+op Deals app!



*Must be within the first 3,000 users in January 2024 to download, create an account on the app and provide name and mailing address.

COOPERATIVELY OWNED



5.49
Organic Valley Cottage Cheese
16 oz., selected varieties

Download the new Co+op Deals app!



2/\$5

**De La Calle!
Tepache**
12 fl. oz., selected varieties



2.79

**Hail Merry
Snack Cups**
1.5 oz., selected varieties



2.99

**Wildwood
Organic Sprouted
Tofu**
14 oz., selected varieties



2/\$7

**Rebbl
Organic Elixir**
12 fl. oz., selected varieties



5.29

**So Delicious
Coconutmilk
Yogurt**
24 oz., selected varieties



5.49

**Miyoko's Creamery
Organic Pourable
Plant Milk
Mozzarella**
16 oz.



5.49

**Chobani
Greek Yogurt**
32 oz., selected varieties



6.99

**Sweet Earth
Mindful Chik'n
Strips**
8 oz.



Califia Farms
("Cal-uh-FEE-ahh")

Califia Farms is on a mission to create a future where plants replace dairy, without compromise. We produce innovative, healthy and great-tasting plant-based alternatives to dairy.

4.49

**Califia Farms
Oatmilk**

48 fl. oz., selected varieties



2/\$3

**Siggi's
Skyr Yogurt**

4-5.3 oz., selected varieties

Find dairy and non-dairy options at the co-op.



3.79
 Follow Your Heart
 Dairy-free Cheese
 Slices
 7 oz., selected varieties




3.99
 Silver Hills
 Sprouted Bread
 15-22 oz., selected
 varieties



4.29
 Stonyfield Organic
 Kids Yogurt
 Tubes
 16 oz., selected varieties




4.49
 Nancy's
 Organic Yogurt
 24-32 oz., selected
 varieties



2/\$9
 Silk
 Plant-based Milk
 64 fl. oz., selected
 varieties



4.79
 So Delicious
 Organic
 Coconutmilk
 64 fl. oz., selected
 varieties




5.49
 Bitchin' Sauce
 Almond Dip
 7-8 oz., selected
 varieties

try blood orange kombucha



Health-Ade Kombucha is crafted with real fruit juice and probiotics for a happy gut and a healthy you.

2/\$5
 Health-Ade
 Organic Kombucha
 16 fl. oz., selected varieties



3/\$4
 Forager Project
 Organic Cashewmilk
 Yogurt
 5.3 oz., selected varieties

The co-op has everything for a great breakfast.

Some items may not be available at all stores or on the same days

iBuen provecho!

INCLUSIVE TRADE PARTNER

Siete Family Foods is a Mexican American food brand, rooted in family that makes heritage-inspired foods with better-for-you ingredients for more people to enjoy. *¡juntos es mejor!*



2/\$4
Siete
Taco Seasoning
1.29-1.38 oz.,
selected varieties



3.79
Siete
Tortilla Chips
5-7.5 oz.,
selected varieties



3.99
Siete
Grain-free
Taco Shells
5.5 oz.



7.49
Siete
Grain-free
Tortillas
7 oz.,
selected varieties



2.29
Stahlbush Island
Farms
Frozen Vegetables
10 oz., selected varieties



2.29
Evol
Burritos
6 oz., selected varieties

INCLUSIVE TRADE PARTNER

Grain Trust is a Hispanic-owned company that creates three-minute dishes from ethically sourced grains from farmers who earn living wages.



3.99 Grain Trust
Frozen Rice Sides
20-30 oz., selected varieties



4.49
JonnyPops
Frozen Novelties
8.25 fl. oz., selected
varieties



4.99
Dr. Praeger's
Veggie Burgers
8-10 oz., selected
varieties



8.49
Cappello's
Pizza
10.82-12 oz.,
selected varieties

Find all your meal ingredients at the co-op.



2/\$4
Near East
Couscous Mix or
Rice Pilaf
5.2-10 oz., selected
varieties



2/\$4
Mike's Mighty
Good
Ramen Soup Cups
1.6-2.4 oz., selected
varieties



5.99
Kettle & Fire
Bone Broth
16.9 oz., selected varieties



4/\$9
Wild Planet
Sardines
4.4 oz., selected varieties



3.79
Amy's
Soup
12.4-14.7 oz., selected
varieties



2/\$8
Santa Cruz
Organic
Apple Sauce
23 oz., selected varieties



2/\$8
Maya Kaimal
Indian Simmer
Sauce
12.5 oz., selected
varieties



5/\$5
Justin's
Nut Butter
Squeeze Packs
1.15 oz., selected
varieties

food with purpose →

This MEAL bar provides a quick meal that not only keeps hunger at bay, but also delivers an irresistible taste with swirls of peanut butter and dark chocolate chips.



3/\$7
Probar
Meal Bars
3 oz., selected varieties



5.49
Maranatha
Organic Peanut Butter
16 oz., selected varieties

The co-op has something for everyone.



2/\$6

Angie's Boomchickapop Popcorn
4.4-6 oz., selected varieties



2/\$10

LaCroix Sparkling Water
12 pk.-12 fl. oz., selected varieties



2/\$6

Alter Eco Organic Chocolate Bars
2.65-2.96 oz., selected varieties



2.79

Theo Organic Chocolate Bars
3 oz., selected varieties



4.99

Green Mountain Gringo Salsa
16 oz., selected varieties



2.79

Smartsweets Candy
1.8 oz., selected varieties



3.29

From The Ground Up Cauliflower Crackers
3.5-4 oz., selected varieties



2/\$6

Boulder Canyon Potato Chips
5-6.5 oz., selected varieties



2/\$7

Back to Nature Crackers
4-8.5 oz., selected varieties



2/\$6

Good Health Veggie Snacks
6.25 oz., selected varieties

Find delicious snacks at the co-op.



2/\$4

Thunderbird Food Bars
1.7 oz., selected varieties



taste the obsession

INCLUSIVE TRADE PARTNER

Purely Elizabeth is a woman-owned company. Elizabeth started Purely Elizabeth to make food full of nourishing ingredients and delicious, culinary taste to help you thrive on your wellness journey. When you eat better, you feel better.

2/\$10

Purely Elizabeth Granola
8-12 oz., selected varieties



2/\$9

Annie's Organic Fruit Snacks
7 oz., selected varieties

COOPERATIVELY OWNED



4.79

Simply Organic Cinnamon
2.45 oz.



5.99

One Degree Organic Foods Sprouted Oats
24 oz., selected varieties

perk up your pantry

New year, new snack stash! Deliciously made with real fruit and whole grains, Nature's Bakery Fig Bars are plant-based, nut-free and GMO free. A snack time win with wholesome baked in!

4.49

Nature's Bakery Fig Bars
6pk.-2 oz., selected varieties



2/\$10

Kashi Cereal
9.5-16.3 oz., selected varieties

The brands you love are at the co-op.

COOPERATIVELY OWNED



10.99

Equal Exchange
Organic French Roast
Coffee
per pound in bulk



2/\$6

Goldthread
Plant-based
Tonics
12 fl. oz., selected
varieties



2/\$4

Yachak Organic
Yerba Mate
16 fl. oz., selected
varieties



COOPERATIVELY OWNED



2/\$7

Equal Exchange
Organic Tea
20 ct., selected varieties

blended with care

No artificial colors or flavors, 100% non-GMO, sustainable, over 3.5 million pounds of waste saved from the landfill yearly, recycled packaging and veggie-based inks. Result: the most flavorful cup of tea!



2/\$7

Celestial Seasonings
Herbal Tea
12-20 ct., selected varieties

INCLUSIVE TRADE PARTNER



Nutpods is a diverse-owned company started to bring a non-dairy creamer alternative to the world. We offer oat-based creamers and tons of other flavors.

2/\$6

Nutpods
Dairy-free Creamer
11.2 fl. oz., selected varieties

scoop up the savings in bulk!



2.99

Organic
Kidney Beans
per pound in bulk



4.79

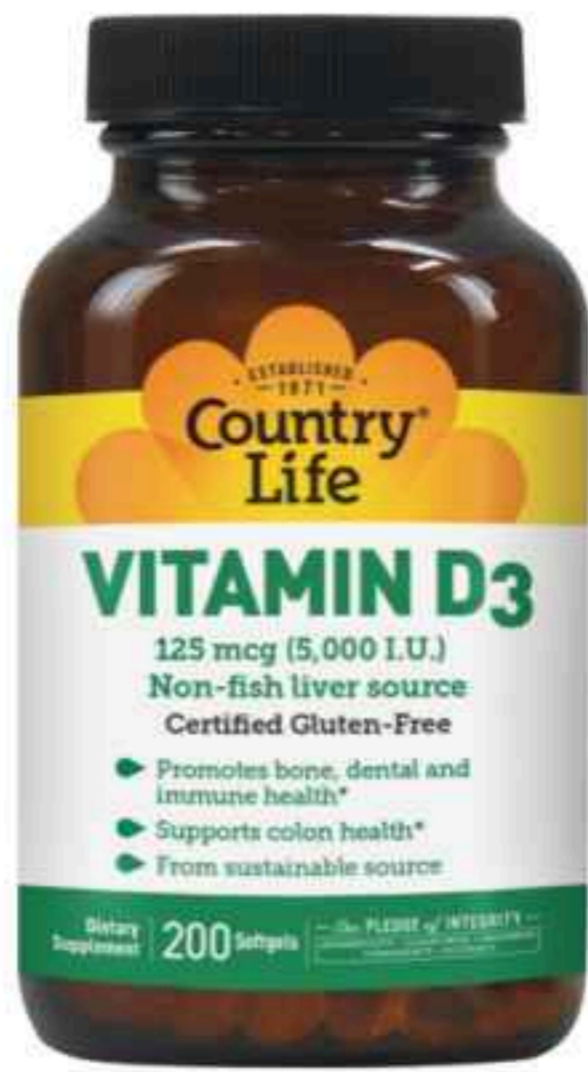
Organic
Pumpkin Seeds
per pound in bulk



9.99

Organic
Dried Mango
per pound in bulk

Visit the co-op's bulk section for a little or a lot.



13.49
Country Life
Vitamin D3 5000IU
200 ct.



5.99
Manitoba Harvest
Hemp Hearts
8 oz.



7.79
Hyland's Naturals
Kids Cold & Cough
4 fl. oz., selected varieties



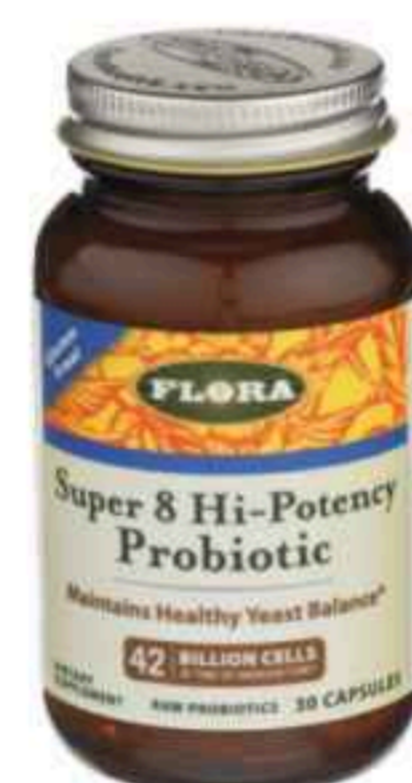
10.99
Honey Gardens
Elderberry & Honey Immune Syrup
4 fl. oz.



11.49
Ener-C
Multivitamin Drink Mix
30 ct., selected varieties



16.99
Simply Tera's
Pure Whey Protein Powder
12 oz., selected varieties



18.49
Flora
Super 8 Hi-Potency Probiotic
30 ct.



26.99
Whole Earth & Sea
Women's 50+ Multivitamin & Mineral
60 ct.

for everybody with a body

Vital Proteins Collagen Peptides help support healthy hair, skin, nails, bones and joints so you can look, feel and move your best.

36.99
Vital Proteins
Unflavored Collagen Peptides
20 oz.



19.99
Barlean's
Organic Flax Oil
16 fl. oz.

The co-op has supplements for everybody.



2.59
 Desert Essence
 Tea Tree Oil
 Dental Floss or Tape
 30-50 yd., selected varieties



8.79
 PranaRom
 Organic Lavender
 Essential Oil
 .17 fl. oz.



10.99
 Seventh Generation
 100% Recycled Bath Tissue
 12 ct.



5.59
 Lily of the Desert
 Organic Aloe Vera
 Juice
 32 fl. oz., selected
 varieties



10.79
 Life-Flo
 Pure Magnesium
 Oil
 8 fl. oz.



aloe there!

Meet your favorite new soap: the do-it-all, 3-in-1, plant-based cleanser that's versatile yet gentle enough to be used as a shampoo, shower gel and/or bubble bath by the whole family!

7.79
 Everyone
 3-in-1 Soap
 32 fl. oz., selected varieties

INCLUSIVE TRADE PARTNER

Wild Carrot Herbals is a woman-owned company. We handcraft more than 50 different botanical skincare products that support sustainability initiatives.



14.99 Wild Carrot Herbals
 Borage Butter
 Face Cream
 2 oz.

Home and body care items are at the co-op.

Shop for fresh, delicious, local food at a co-op near you.

ALASKA

Co-op Market Grocery & Deli

ARIZONA

Food Conspiracy Co-op

CALIFORNIA

- BriarPatch Food Co-op
- Chico Natural Foods Cooperative
- Co-opportunity Market
- Davis Food Co-op
- Feather River Food Co-op
- Isla Vista Food Co-op
- North Coast Co-op
- Ocean Beach People's Organic Food Co-op
- Placerville Food Co-op
- Sacramento Natural Foods Co-op
- SLO Food Co-op
- Ukiah Natural Foods Co-op

IDAHO

- Boise Co-op
- Moscow Food Co-op

MONTANA

Community Food Co-op

NEVADA

Great Basin Community Co-op

OREGON

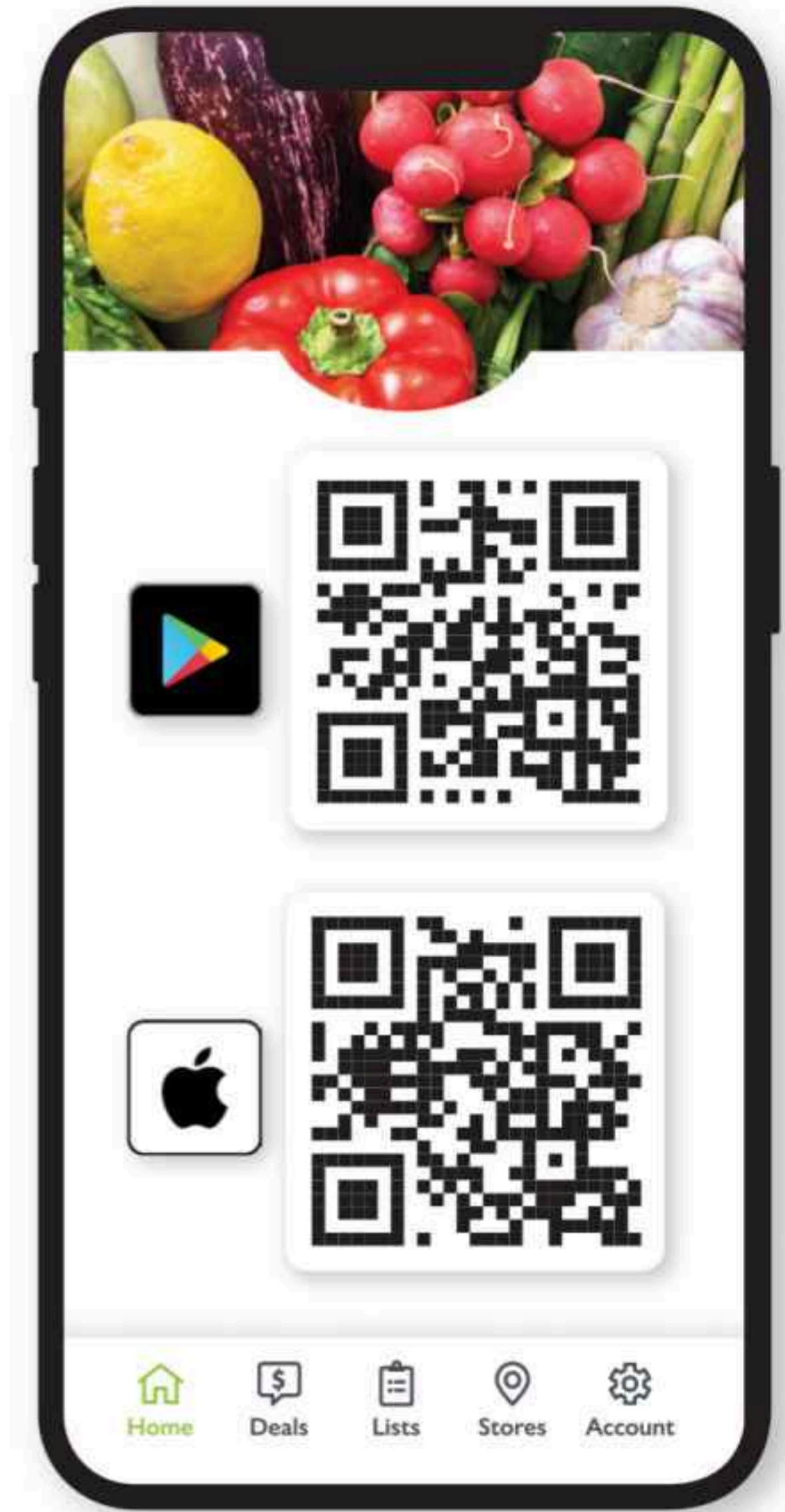
- Alberta Cooperative Grocery
- Ashland Food Co-op
- Astoria Co+op
- First Alternative Co-op
- Medford Food Co-op
- People's Food Co-op

WASHINGTON

- Central Co-op
- Community Food Co-op
- Main Market Co-op
- Olympia Food Co-op
- Orcas Food Co-op
- Skagit Valley Food Co-op
- Sno-Isle Food Co-op
- The Food Co-op

coop deals.

Download the App!



See what's on sale with the Co+op Deals app!

science-backed skincare that works

Acure has one simple mission: to make clean beauty products accessible. Through ongoing product development and rigorous clinical trials, we've developed skincare, haircare and body care that's powerful for the skin and safe for the planet.



4.99
Acure Brightening Facial Scrub
4 fl. oz.



10.49
Acure Brightening Day Cream
1.7 oz.



2/\$10
Acure Shampoo or Conditioner
8 fl. oz., selected varieties



6.99
Acure Body Lotion
8 fl. oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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